

Cardinal Pride "Summer of Excellence" Practice Plan

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." - Aristotle

KEYS TO SUCCESS

- ♪ Set a regular time and quiet place and be consistent
 - ♪ **Always include long tones, lip slurs, scales/rudiments, and tuning as part of your warm-up**
 - ♪ Practice slowly and fix the mistakes, don't practice them.
 - ♪ **Listen to and practice along with marching band tunes off of website (www.canfieldbands.com)**
 - ♪ Make sure you have a tuner and metronome app on your phone and use them! (I highly recommend the Tonal Energy app).
 - ♪ **Practice sight-reading (use etudes, solos, Google examples, etc.)**
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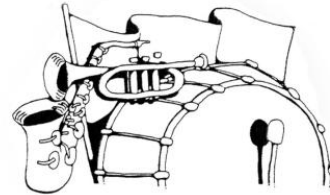
DUE BY THURSDAY, JUNE 30, 2022

Memorized:

1. Sounds of Excellence: CPMB Warm-up Fundamentals
2. Canfield Fight
3. Hang On Sloopy
4. Parade Set No. 1

Notes and rhythms worked out:

1. Our National March
2. Emperata Fanfare
3. Star-Spangled Banner
4. Distorted
5. I Want to Dance with Somebody
6. On the Floor



DUE BY FRIDAY, JULY 22, 2022

Memorized:

1. Sounds of Excellence: CPMB Warm-up Fundamentals
2. All of Pregame (Emperata Fanfare, Fight Song, Hang on Sloopy, Our National March, Star-Spangled Banner, Alma Mater)
3. Distorted
4. I Want to Dance with Somebody
5. On the Floor

Notes and rhythms worked out:

1. Shake a Tail Feather
2. Habanera