

Cardinal Pride "Summer of Excellence" Practice Plan

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." – Aristotle

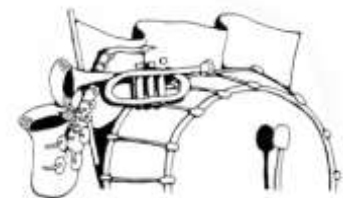
KEYS TO SUCCESS

- ♪ Set a regular time and quiet place and be consistent
 - ♪ **Always include long tones, lip slurs, scales/rudiments, and tuning as part of your warm-up**
 - ♪ Practice slowly and fix the mistakes, don't practice them.
 - ♪ **Listen to and practice along with marching band tunes off of website (www.canfieldbands.com)**
 - ♪ Purchase a tuner and metronome and use them (apps for your phone are usually free)
 - ♪ Purchase a subscription to **SMART Music** – this is a great way of making practicing fun and interesting (go to www.smartmusic.com)
 - ♪ **Practice sight-reading (use etudes, solos, Google examples, etc.)**
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DUE BY WEDNESDAY, JULY 1, 2021

Memorized:

1. Sounds of Excellence: CPMB Warm-up Fundamentals
2. Canfield Fight
3. Hang On Sloopy
4. Parade Set No. 1



Notes and rhythms worked out:

1. Our National March
 2. Emperata Fanfare
 3. Star-Spangled Banner
 4. Star Trek: Generations **cut mm. 21-32 and 53-60*
 5. Starships
 6. Walking on Sunshine
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DUE BY SUNDAY, JULY 25, 2021

Memorized:

1. Sounds of Excellence: CPMB Warm-up Fundamentals
2. All of Pregame (Emperata Fanfare, Fight Song, Hang on Sloopy, Our National March, Star-Spangled Banner, Alma Mater)
3. Star Trek: Generations **cut mm. 21-32 and 53-60*
4. Starships

Notes and rhythms worked out:

1. Walking on Sunshine