

Cardinal Pride "Summer of Excellence" Practice Plan

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." – Aristotle

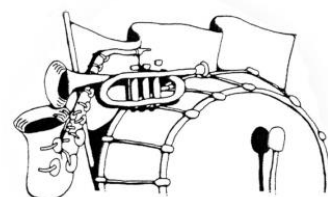
KEYS TO SUCCESS

- ♪ Set a regular time and quiet place and be consistent
 - ♪ **Always include long tones, lip slurs, scales/rudiments, and tuning as part of your warm-up**
 - ♪ Practice slowly and fix the mistakes, don't practice them.
 - ♪ **Listen to and practice along with marching band tunes off of website (www.canfieldbands.com)**
 - ♪ Purchase a tuner and metronome and use them (apps for your phone are usually free)
 - ♪ Purchase a subscription to **SMART Music** – this is a great way of making practicing fun and interesting (go to www.smartmusic.com)
 - ♪ **Practice sight-reading (use etudes, solos, Google examples, etc.)**
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DUE BY MONDAY, JULY 1, 2019

Memorized:

1. Sounds of Excellence: CPMB Warm-up Fundamentals
2. Canfield Fight
3. Hang On Sloop
4. This Is My Country/Our National March



Notes and rhythms worked out:

1. Our National March
 2. Emperata Fanfare
 3. Star-Spangled Banner
 4. Fanfare for the Common Man
 5. We're An American Band **cut mm. 33-44*
 6. Jungle Love
 7. Elise Goes Bad **cut mm. 50-73*
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DUE BY SUNDAY, JULY 28, 2019

Memorized:

1. Sounds of Excellence: CPMB Warm-up Fundamentals
2. All of Pregame
3. Fanfare for the Common Man
4. We're An American Band **cut mm. 33-44*
5. Jungle Love
6. Elise Goes Bad **cut mm. 50-73*

Notes and rhythms worked out:

1. Shout It Out Loud
2. Ode to Joy