

# Cardinal Pride "Summer of Excellence" Practice Plan

*"We are what we repeatedly do. Excellence, then, is not an act, but a habit." – Aristotle*

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## KEYS TO SUCCESS

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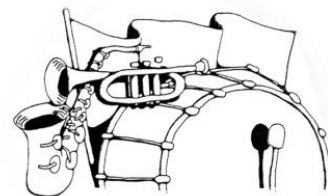
- ♪ Set a regular time and quiet place and be consistent
  - ♪ **Always include long tones, lip slurs, scales/rudiments, and tuning as part of your warm-up**
  - ♪ Practice slowly and fix the mistakes, don't practice them.
  - ♪ **Listen to and practice along with marching band tunes off of website ([www.canfieldbands.com](http://www.canfieldbands.com))**
  - ♪ Purchase a tuner and metronome and use them (apps for your phone are usually free)
  - ♪ Purchase a subscription to **SMART Music** – this is a great way of making practicing fun and interesting (go to [www.smartmusic.com](http://www.smartmusic.com))
  - ♪ **Practice sight-reading (use etudes, solos, Google examples, etc.)**
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## DUE BY JULY 2, 2018

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### Memorized:

1. Sounds of Excellence: CPMB Warm-up Fundamentals
2. Canfield Fight
3. Hang On Sloop
4. This Is My Country/Our National March



### Notes and rhythms worked out:

1. Our National March
  2. Emperata Fanfare
  3. Back to the Future \*cut m. 15 and m. 52
  4. Mr. Roboto \*cut mm. 50-57 and mm. 70-72
  5. Adventures on Earth (from "E.T.") \*cut mm. 26-42, 50-53 (54 & 55 you rest), and 64-71
  6. Hit Me with Your Best Shot
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## DUE BY JULY 24, 2017

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### Memorized:

1. Sounds of Excellence: CPMB Warm-up Fundamentals
2. All of Pregame
3. Back to the Future \*cut m. 15 and m. 52
4. Mr. Roboto \*cut mm. 50-57 and mm. 70-72
5. Adventures on Earth (from "E.T.") \*cut mm. 26-42, 50-53 (54 & 55 you rest), and 64-71
6. Hit Me with Your Best Shot

### Notes and rhythms worked out:

1. Take on Me
2. Centerfold

**(Summer Band Schedule on back)**