

# Cardinal Pride "Summer of Excellence" Practice Plan

*"We are what we repeatedly do. Excellence, then, is not an act, but a habit." – Aristotle*

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## KEYS TO SUCCESS

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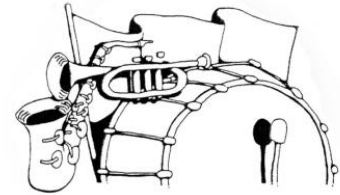
- ♪ Set a regular time and quiet place and be consistent
  - ♪ **Always include long tones, lip slurs, scales/rudiments, and tuning as part of your warm-up**
  - ♪ Practice slowly and fix the mistakes, don't practice them.
  - ♪ **Listen to and practice along with marching band tunes off of website ([www.canfieldbands.com](http://www.canfieldbands.com))**
  - ♪ Purchase a tuner and metronome and use them (apps for your phone are usually free)
  - ♪ Purchase a subscription to **SMART Music** – this is a great way of making practicing fun and interesting (go to [www.smartmusic.com](http://www.smartmusic.com))
  - ♪ **Practice sight-reading (use etudes, solos, Google examples, etc.)**
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## DUE BY JUNE 29, 2017

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### *Memorized:*

1. Contest Warm-Ups
2. Canfield Fight
3. Hang On Sloop
4. This Is My Country/Yankee Doodle Dandy



### *Notes and rhythms worked out:*

1. Our National March
  2. Emperata Fanfare
  3. On the Floor
  4. Shut Up and Dance
  5. Malaguena
  6. Shake a Tail Feather
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## DUE BY JULY 24, 2017

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### *Memorized:*

1. Contest Warm-Ups
2. All of Pregame
3. On the Floor
4. Shut Up and Dance
5. Malaguena
6. Shake a Tail Feather

### *Notes and rhythms worked out:*

1. Adelieland
2. Boogie Shoes

**(Summer Band Schedule on back)**